**THOMPSON**

List of available *Programs* for Health and Medical.

| **NAME** | **DESCRIPTION** | **PHONE** | **EMAIL** | **WEBSITE** |
| --- | --- | --- | --- | --- |
| NHR - Mental Health Central Intake Thompson | A central intake phone number for mental health patients | 12046775366 | ghildebrand@nrha.ca | <http://www.northernhealthregion.ca/> |
| Children's disABILITY Services Thompson - Respite | Respite is a break from the very unique demands of caring for a child with disabilities. It is available to parents who need a short-term break, and can be provided in or outside the child’s home. For children who have lifelong, complex medical needs, respite can be provided by a registered nurse through the local regional health authority. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| Children's disABILITY Services Thompson - Therapy | Children who need therapy services will be referred to their regional central intake for the Children’s Therapy Initiative (CTI). Families can also self-refer. Therapies that may be available include occupational therapy, physiotherapy, speech and language therapy and audiology. For more information please visit Children's Therapy Initiative. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| Children's disABILITY Services Thompson - Child Development Services for Pre-school Children | Child development is an early intervention service for children from birth to 6 years of age who are eligible for Children disABILITY Services. The goal of this service is to maximize the overall developmental potential of children by transferring skills and knowledge to parents/caregivers and by building on families' strengths. More information is available on the Child Development Service pamphlet. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| Children's disABILITY Services Thompson - Autism Services | Autism Outreach: This service teaches parents and caregivers autism intervention methods that are personalized and flexible. Autism specialists work closely with child-development staff to deliver the service. Applied Behaviour Analysis (ABA): Programming based on the principles of ABA is available for children diagnosed with autism spectrum disorder. Programs are personalized and use behavioural strategies to teach skills across a number of areas. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| Children's disABILITY Services Thompson - Summer Skills Programming | Children’s disABILITY Services can help school-age children maintain their skills during the summer months. This is done by providing supports children need to access programs and activities that promote what they have learned during the school year. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| Children's disABILITY Services Thompson - After-school Care for Adolescents | After-school care may be available for adolescents who can no longer access child care, but still need to be looked after and supervised outside school hours, while their parents are at work. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| Children's disABILITY Services Thompson - Supplies, Equipment and Home/Vehicle Modifications | Children’s disABILITY Services may provide funding for certain supplies, equipment and home or van modifications at a basic level. These supports are provided through the Disability and Health Supports Unit. For more information on what’s available, visit Disability and Healthy Supports Unit. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| Children's disABILITY Services Thompson - Transportation | Families may receive financial support to subsidize the costs of transportation to and from their child’s medical appointments and other specialized services. This support is mainly provided to families in rural and northern Manitoba. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| Children's disABILITY Services Thompson - Behavioural Services | Behavioural specialists may assess a child’s challenging behaviours, and, together with the family, develop a plan that addresses the child’s needs. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| MYS Thompson - Positive Alternatives for Youth | Youth Positively Involved in the Community - Youth 12-20 have opportunities to stay active &amp; out of trouble, make a meaningful difference, earn a high school volunteer credit &amp; develop vital skills for work, school &amp; life. Community Service Support program - Youth at risk of not completing court-ordered community service (due to learning barriers, addictions, pregnancy etc.) receive extra support &amp; supervision to ensure success. Fine Option/Community Service supports - In partnership with Manitoba Justice, MYS is a resource centre where youth &amp; adults with fines &amp; court-ordered community service can register, be monitored &amp; placed in the community to complete your hours. Mentor Training &amp; Support project - A combination of formal training &amp; practical experience teaches mentors 18+ how to build healthy, trusting &amp; safe relationships with youth. | 12049494834 | mysnorth@mys.mb.ca | <https://www.mys.ca/services/skills-for-life> |
| Manitoba Possible Thompson - Adult Recreation and Leisure | Recreation and leisure activities focus on clients with disabilities who experience barriers to mainstream leisure and recreation activities. Manitoba Possible provides year-round recreation and leisure activities such as bowling, boccia, dancing, supper club, arts and crafts, theme parties, etc. as well as group social outings to attractions in Winnipeg. | 12049753006 | dday@manitobapossible.ca | <https://www.manitobapossible.ca/adult-recreation-and-leisure> |
| Manitoba Possible Thompson - Children's Recreation and Leisure | Children’s Recreation and Leisure offers Sledge Hockey, Power Wheelchair Hockey, Power Wheelchair Soccer, Wheelchair Learn To Curl, All Abilities Dance, Music Therapy, Wheelchair Boccia, Floor Curling and other programs. They also offer summer day camps for children with theme days such as Splash &amp; Dash, Culinary Arts, Day Trippin, and Sledge to Physical Literacy. | 12042505316 | jirwin@manitobapossible.ca | <https://www.manitobapossible.ca/childrens-recreation-and-leisure> |
| Manitoba Possible Thompson - Communication Centre for Children (CCC) who are Deaf or Hard of Hearing | The Communication Centre for Children (CCC) who are Deaf or Hard of Hearing makes communication possible. We offer communication possibilities such as: American Sign Language (ASL) Spoken Language Pictures and/or Gestures Combination/Bilingual. This program provides comprehensive individualized programs for children under six who have permanent sensor neural or conductive bilateral or unilateral hearing loss. Primarily an outreach service, the goal is to help open a world of communication for children through a variety of accessible possibilities. Parents/guardians are part of a team that may include an Early Intervention Specialist, ASL Specialist, Speech Language Pathologist, Occupational Therapist and/or a Physiotherapist. Together, the team supports the communication, learning and developmental needs that will enable children to maximize their ability to participate equally and fully in their homes and communities. | 12049753062 | jszacilowski@manitobapossible.ca | <https://www.manitobapossible.ca/programs> |
| Manitoba Possible Thompson - Community Education and Training | Manitoba Possible provides community based education and training workshops on a wide range of topics aimed at helping the general public to understand and support removal of barriers to full and equal participation for all. Topics include disability awareness, inclusive recreation, Deaf culture, Culture and Disability, and Accessible Customer Service. Training events are held at 825 Sherbrook as well as many public spaces and work places. Community Education and Training also operates MPower: Manitoba’s Accessibility Challenge. MPower encourages high school students in Manitoba to share their vision of accessibility for schools and communities through developing innovative ideas, programs, concepts, and designs that create solutions to accessibility barriers. | 12049753261 | bmuloin@manitobapossible.ca | <https://www.manitobapossible.ca/programs> |
| Manitoba Possible Thompson - Deaf and Hard of Hearing Services (DHHS) | Manitoba Possible provides numerous services for youth and adult clients who are Deaf or hard of hearing. Case Workers provide life skills counseling, crisis counseling, and health and social service access coordination. Other services include vocational rehab and employment preparation as well as language training and Deaf interpretation services and support (ASL instruction for individuals and family members and classroom-based English and ASL instruction for Deaf and hard of hearing immigrants and refugees). | 12047784277 | cbach@manitobapossible.ca | <https://www.manitobapossible.ca/deaf-and-hard-of-hearing> |
| Manitoba Possible Thompson - Employment Preparation Centre (EPC) | The EPC provides vocational services under 3 broad service categories: Assessment Services, Employment Services and Employment Supports. Assessment Services: where our Vocational Evaluators offer a wide variety of job readiness assessments. They range from a full five-day assessments looking at aptitudes, dexterity, writing and reading skills to a four-hour computer assessment. Employment Services: Clients team up with one of our Employment Development Specialists to help find employment. This can include arranging paid work experiences; development; interview preparation; and working with an employer to job carve. Employment Supports: Employment Facilitators provide temporary on-site supports to assist with on-the-job training; creating natural supports; and setting up accommodations as required. | 12049753112 | efreitas@manitobapossible.ca | <https://www.manitobapossible.ca/employment-preparation-centre> |
| Manitoba Possible Thompson - Financial Empowerment | Manitoba Possible Financial Empowerment program includes: Access to Benefits which provides free income tax filing service for people with disabilities living on low income as well as assistance to apply for benefits programs such as the Disability Tax Credit or Registered Disability Savings plan. The program also includes: Asset Building which matches client savings towards the purchase of a needed item following a 10 week money management course. Clients can save for needed items like medical equipment (lift chairs, scooters, walkers, grab bars, hearing aids, etc.), accessible home appliances and furniture, communication tools (phones, computers), and other items that provide for the necessities to live independently and safely. | 18662828041 | aprefontaine-gibson@manitobapossible.ca | <https://www.manitobapossible.ca/financial-empowerment> |
| Manitoba Possible Thompson - Manitoba Wheelchair Program | For over thirty years, Manitoba Possible has been providing children and adults in Manitoba with essential mobility through the loan of manual and motorized wheelchairs. Our focus is on meeting the basic mobility needs of people who are active and living independently within the community. The program is available to community-living Manitoba residents who require a wheelchair for at least six months. Eligibility requires a consult and referral from a health care professional (e.g.: Occupational Therapist, Physiotherapist or Family Doctor). Our Wheelchair Program also provides maintenance and repair services in clients homes, workplaces or schools within the City of Winnipeg and surrounding areas. | 18008365551 | info@manitobapossible.ca | <https://www.manitobapossible.ca/wheelchair-services> |
| Manitoba Possible Thompson - Vocational Rehabilitation | Vocational Rehabilitation is the progressive process of helping adults with disabilities to plan, prepare for, attain and maintain gainful employment. Our Vocational Rehabilitation Counselors assist participants in exploring vocational goals based on their interests, abilities and skills. This includes developing educational programs and supporting people to complete university degrees, community college diplomas, etc. | 12049753101 | csanjuan@manitobapossible.ca | <https://www.manitobapossible.ca/vocational-rehabilitation> |
| Manitoba Possible Thompson - Thompson Supportive Employment Program (TSEP) | TSEP is a Supported Employment Program that provides services to assist persons who have disabilities and/or other barriers to find and maintain gainful employment. This programming is geared towards job readiness, through the provision of twelve weeks of workshops and training seminars followed by twelve weeks of paid work experience within the community of Thompson. | 12046778322 | TSEP@manitobapossible.ca | <https://www.manitobapossible.ca/thompson-supported-employment-program> |
| Manitoba Possible Thompson - Self-Help Clearinghouse | Manitoba Possible Self-Help Clearinghouse supports a network of small independent self-help organizations that in turn provide services to people with disabilities. Support comes in the form of sharing health information through training sessions, individual consultation, dissemination of health information, hosting/facilitating support group activities, etc. The self-help organizations are comprised of people with disabilities and their support network of family and friends. | 18662828041 | dday@manitobapossible.ca | <https://www.manitobapossible.ca/self-help-clearinghouse> |
| Manitoba Possible Thompson - Provincial Outreach Therapy for Children (POTC) | Provincial Outreach Therapy for Children provides Occupational Therapy, Physiotherapy and Speech Language Pathology Services to children until they enter school. Services are delivered in-home, child daycare centres, and nursery schools. POTC uses a family-centred model, where the child and family are the central figures in determining service needs and goals. This model brings together parents, siblings, child care providers, therapists and a range of other service providers who all play an important role in supporting children to reach their full potential and be active participants in their community. | 12049753269 | bpage@manitobapossible.ca | <https://www.manitobapossible.ca/provincial-outreach-therapy-for-children> |
| Manitoba Possible Thompson - Parking Permit Program | The Manitoba Parking Permit Program is a program regulated by Manitoba Infrastructure and administered by Manitoba Possible. The Program ensures that when a person has difficulty walking more than 50 meters they can park in one of the specially designated parking spots in lots across the province. Typically, anyone who needs the full-time assistance of a mobility aid such as a wheelchair, walker, cane, or crutches is eligible for a Parking Permit. The Parking Permit is available for a cost recovery fee of $15.00. For people with a permanent disability, a Permit is valid up to three-years. Temporary Permits expire once a person has completed their recovery (as certified by a health care professional). People are eligible for the Permit even if they don’t own a vehicle. The numbered Permit can be hung in the rearview mirror of any car as long as the registered Permit holder is also in the car. | 18449753257 | pppinfo@manitobapossible.ca | <https://www.manitobapossible.ca/parking-permits> |
| Manitoba Possible Thompson - Newcomer Navigation & Support | Manitoba Possible Cultural Facilitators provide direct cultural interpretation and facilitation services for clients who are newcomers to Canada who are living with disabilities (sometimes referred to as cultural brokerage and includes working with family members). Many clients acquired their disability from acts of war and other very difficult living conditions in their native countries and bring with them numerous health and social co-morbidities (e.g.: PTSD). ManitobaPossible Cultural Facilitators (Case Workers) assist new Canadians with disabilities to understand, navigate, and access health and social services in Winnipeg. Manitoba Possible staff also educate other health &amp; social agency service providers by increasing their awareness of, and sensitivity to, the cultural values of patients/clients from other countries. | 12049753121 | trobertson@manitobapossible.ca | <https://www.manitobapossible.ca/newcomer-navigation-and-support-unit> |
| BGCT - Nutrition Program | Offers a healthy daily snack and supper service Monday to Friday, Nutrition Sessions and Junior/Master Chef Component. | 12047787575 | NA | <https://www.bgcthompson.ca/after-school/nutrition-program> |
| Marymound - Wellness Programs | Wiggle, Giggle &amp; Munch wiggle, Helping Families Make Healthy Lifestyle Choices, Do you wonder what foods are best for your family’s health? Is there heart disease or diabetes in your family? How much physical activity should you and members of your family be getting to stay fit and healthy? Do you have to join a gym or buy expensive fitness equipment? Wiggle, Giggle &amp; Munch offers the answers to your questions about physical activity and healthy eating in an easy-to-understand format. Participants will be provided with the experiences and tools they need to make physical activity and healthful eating part of their daily lives. It’s also a great way to meet other families in your community. | 12046777820 | NA | <https://www.marymound.com/main/thompson/wellness-programs/> |
| Marymound - Parenting | At Futures, we recognize the importance of supporting parents of all ages who have young children up to age six. Our Resource Centre offers several programs for parents. We also have a Young Parents Support Group on Tuesdays from 11 a.m. to 1 p.m. (lunch is provided). It’s a great place to make friends, learn, have fun and share ideas. Individualized programming can be developed to meet the needs of young parents and their children. We offer these programs in conjunction with community agencies, organization and individuals right here in Thompson. | 12046677820 | NA | <https://www.marymound.com/main/thompson/parenting/> |
| NCN - Wecihitowin Project | We believe our community members can ease their struggles and find success through more engagement with traditional cultural practices. The Wecihitowin Project provides ongoing support for anyone in need with activities and resources that lead to healthier living options. The Wecihitowin Project currently includes two Awasis workers and two NCN-CFS workers who deliver holistic services for people in every stage of life. We have had great success with community family spirit events, sharing circles, land-based activities, counseling, court support, transportation services and family conferencing. We believe the future success of our people relies on embracing the traditional teachings of our past. Using the wisdom of our Elders, we have helped our participants deal with suicide, child apprehension, and addiction. Our participants have enjoyed Clan Mother Teachings, Spring Ceremonies, Women’s Retreats, Family Camps and Circles of Security. | 12044842341 | NA | <https://www.ncnwellness.ca/programs-services/child-and-family-services/> |
| NHR - Acute Brain Injury House (ABI) | The ABI program provides assessment, consultation, case management, life skills service, individual and family support, and education for adults with an acquired brain injury. | 12047781646 | NA | NA |
| Marymound - Babies Best Start | New to Marymound, Babies Best Start is a prenatal nutrition program that also offers postnatal education and support. We help mothers learn about healthy eating before and after baby is born. Canadian Pre-Natal Nutrition Program (CPNP) was designed for pregnant moms and moms with newborn infants up to the age of 12 months, Babies Best Start offers groups programs, home visits, breastfeeding support, cooking tips, vouchers for healthy foods and more. Transportation assistance and child care is available for mothers attending groups. | 12046774431 | babiesbeststart@marymound.com | <https://www.marymound.com/main/thompson/community-programs/babies-best-start/> |
| Marymound - Treatment Foster Care | Treatment Foster Care provides children and youth with a therapeutic living environment to grow, develop and experience belonging. Caregiving can be carried out by individuals, couples and families in the community. A foster parent’s role is to nurture, support and care for children and youth currently unable to reside with their natural families. Respite is an important service to you as a foster parent. You will be supported to develop a respite team that meets the needs of your family and child/youth placed in your care. Respite providers will be required to complete a Respite Application, all applicable checks (CRC, PCC and CAC), and respite training within one year of joining the treatment team. | 12046677820 | tfcpthompson@marymound.com | <https://www.marymound.com/main/services/residential-services/foster-care/> |
| Hope Biblical Counselling Centre | At various times in our lives, and for various reasons, all of us can develop bad habits or self-destructive behaviours and need biblical help to get out of the hole of no hope. What we once thought we had under control soon begins to control us and adversely affects our physical and mental health, our relationships and our job performance. We have more than ample motivation to quit, yet we find often ourselves lacking in the wisdom, strength and willpower to break free. It is in these moments that we need to look outside of ourselves and have the courage to seek the help we need. Let's start the journey of healing together. We offer confidential, free counselling to those who reach out to us.  | 12046773000 | gatewaybiblebaptist@gmail.com | <https://www.gatewaybiblebaptistchurch.ca/contact-us.html> |
| Eaglewood Addictions Centre - Non-Medical Withdrawal Management Unit | This is a safe place to stop using alcohol or drugs during the withdrawal stage of recovery. You will have close monitoring for the first 48-72 hours of your stay. Length of stay is usually 7-10 days. Upon completion of detoxification, you will have priority access to other addictions treatment with AFM. | 12046777847 | NA | <https://afm.mb.ca/publications/adult-services-sheet/> |
| Thompson - Rapid Access to Addictions Medicine (RAAM) - Eaglewood | RAAM clinics are walk-in clinics for adults (ages 18+) looking to get help with high-risk substance use and addiction. This includes people who want to try medical assistance to reduce or stop their substance use. They may experience frequent intoxication or overdose symptoms, as well as unpleasant withdrawal symptoms when attempting to reduce or stop their substance use. RAAM clinics are also for people who may have substance-related health issues, such as hepatitis, pancreatitis and infections. No referral is needed. RAAM clinics are not for people needing urgent medical attention for serious physical problems or mental health symptoms such as psychosis (paranoia, delusions, hallucinations), agitation; who are at active risk of harm to self or others, or who require police/security involvement. You don’t need an appointment, just show up during clinic hours. If you have a Manitoba Health card or Manitoba Health number, please bring this along. | 18662917774 | NA | NA |
| Thompson Crisis Centre - Emergency Shelter Program | Emergency Shelter Program: The emergency shelter is operated around the clock, 365 days of the year. Potential participants of this program are assessed over the phone and accepted in to this program based on the assessment. Shelter, counseling, referrals and advocacy are provided for each person based on a plan that is tailored with each client. | 12047787273 | NA | <https://www.facebook.com/thompsonmbcrisiscentre/> |
| Thompson Crisis Centre - Healthy Living Program | Clients needing further services from the Thompson Crisis Centre, can become a part of the Healthy Living Program. The client will pay an affordable rent to stay in a fully furnished apartment and continue to receive counseling services and life skills support for up to 6 months. The Healthy Living Coordinator runs a counseling service for clients who have left the emergency shelter and have found their own accommodations in the community. | 12046779668 | NA | <https://www.facebook.com/thompsonmbcrisiscentre/> |
| Thompson Crisis Centre - Children's Program | The children's program provides counseling to children and parents individually and in groups. Parenting classes, playgroups and family fun nights are all a part of this program. Childcare is also provided for clients when they are in counseling sessions or need to attend appointments in the community. | 12046779668 | NA | <https://www.facebook.com/thompsonmbcrisiscentre/> |
| Thompson Crisis Centre - Community Outreach Program | The community outreach program coordinator organizes special events such as the Annual Family Fun Night and the Take Back the Night Walk. The coordinator is active on committees in the community, as well as providing education and workshops to community organizations. The outreach coordinator has satellite offices at the Thompson Clinic and the YWCA and offers counseling services in the community. | 12046779668 | NA | <https://www.facebook.com/thompsonmbcrisiscentre/> |