**THOMPSON**

List of available *Programs* (such as programs for children, youth, adults, general health, education/training, early childhood, info and referral, respite, advocacy help) specific for Parents, Families and or Caretakers.

| **NAME** | **DESCRIPTION** | **PHONE** | **EMAIL** | **WEBSITE** |
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| Children's disABILITY Services Thompson - Respite | Respite is a break from the very unique demands of caring for a child with disabilities. It is available to parents who need a short-term break, and can be provided in or outside the child’s home. For children who have lifelong, complex medical needs, respite can be provided by a registered nurse through the local regional health authority. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| Children's disABILITY Services Thompson - Therapy | Children who need therapy services will be referred to their regional central intake for the Children’s Therapy Initiative (CTI). Families can also self-refer. Therapies that may be available include occupational therapy, physiotherapy, speech and language therapy and audiology. For more information please visit Children's Therapy Initiative. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| Children's disABILITY Services Thompson - Autism Services | Autism Outreach: This service teaches parents and caregivers autism intervention methods that are personalized and flexible. Autism specialists work closely with child-development staff to deliver the service. Applied Behaviour Analysis (ABA): Programming based on the principles of ABA is available for children diagnosed with autism spectrum disorder. Programs are personalized and use behavioural strategies to teach skills across a number of areas. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| Children's disABILITY Services Thompson - Summer Skills Programming | Children’s disABILITY Services can help school-age children maintain their skills during the summer months. This is done by providing supports children need to access programs and activities that promote what they have learned during the school year. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| Children's disABILITY Services Thompson - After-school Care for Adolescents | After-school care may be available for adolescents who can no longer access child care, but still need to be looked after and supervised outside school hours, while their parents are at work. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| Children's disABILITY Services Thompson - Behavioural Services | Behavioural specialists may assess a child’s challenging behaviours, and, together with the family, develop a plan that addresses the child’s needs. | 12046776570 | NorthernFinance@gov.mb.ca | <https://www.gov.mb.ca/fs/cds/services.html> |
| MYS Thompson - Positive Alternatives for Youth | Youth Positively Involved in the Community - Youth 12-20 have opportunities to stay active &amp; out of trouble, make a meaningful difference, earn a high school volunteer credit &amp; develop vital skills for work, school &amp; life. Community Service Support program - Youth at risk of not completing court-ordered community service (due to learning barriers, addictions, pregnancy etc.) receive extra support &amp; supervision to ensure success. Fine Option/Community Service supports - In partnership with Manitoba Justice, MYS is a resource centre where youth &amp; adults with fines &amp; court-ordered community service can register, be monitored &amp; placed in the community to complete your hours. Mentor Training &amp; Support project - A combination of formal training &amp; practical experience teaches mentors 18+ how to build healthy, trusting &amp; safe relationships with youth. | 12049494834 | mysnorth@mys.mb.ca | <https://www.mys.ca/services/skills-for-life> |
| Manitoba Possible Thompson - Children's Recreation and Leisure | Children’s Recreation and Leisure offers Sledge Hockey, Power WheelchairHockey, Power Wheelchair Soccer, Wheelchair Learn To Curl, All AbilitiesDance, Music Therapy, Wheelchair Boccia, Floor Curling and other programs. They also offer summer day camps for children with theme days such as Splash &amp; Dash, Culinary Arts, Day Trippin, and Sledge to Physical Literacy. | 12042505316 | jirwin@manitobapossible.ca | <https://www.manitobapossible.ca/childrens-recreation-and-leisure> |
| Manitoba Possible Thompson - Provincial Outreach Therapy for Children (POTC) | Provincial Outreach Therapy for Children provides Occupational Therapy, Physiotherapy and Speech Language Pathology Services to children until they enter school. Services are delivered in-home, child daycare centres, and nursery schools. POTC uses a family-centred model, where the child and family are the central figures in determining service needs and goals. This model brings together parents, siblings, child care providers, therapists and a range of other service providers who all play an important role in supporting children to reach their full potential and be active participants in their community. | 12049753269 | bpage@manitobapossible.ca | <https://www.manitobapossible.ca/provincial-outreach-therapy-for-children> |
| Thompson Court Office - Family Division | Family Division - Family Law and Child Protection Law. The Court of Queen’s Bench (Family Division) is the highest trial court in Manitoba, dealing with family and child protection proceedings. The Family Division also hears adoption and guardianship applications, protection order proceedings, inter-jurisdictional support and variation applications, and Hague Convention applications for the return of a child. | 12046776757 | NA | <http://www.manitobacourts.mb.ca/court-of-queens-bench/about-the-court-of-queens-bench/the-family-division/> |
| BGCT - After School Program | All BGC Thompson's programs and services are offered for FREE!!!Offered In-Person on Mondays, Wednesdays and Friday 3:30pm-8pm. Monday and virtually on Tuesdays and Thursdays from 4:30pm-6:30pm. The program utilizes several proven strategies to ensure a successful approach including: Offering appropriate activities in a culturally diverse setting. Offering consistent hours of operation. Utilizing relationship building components. Providing opportunity to build on individual asset development. The after school program targets four primary areas of education, nutrition, recreation and vocation. | 12047787575 | afterschool@bgcthompson.ca | <https://www.bgcthompson.ca/after-school/after-school-program-aimed-for-youth-12-and-under> |
| BGCT - Nutrition Program | Offers a healthy daily snack and supper service Monday to Friday, Nutrition Sessions and Junior/Master Chef Component. | 12047787575 | NA | <https://www.bgcthompson.ca/after-school/nutrition-program> |
| Marymound - Parenting | At Futures, we recognize the importance of supporting parents of all ages who have young children up to age six. Our Resource Centre offers several programs for parents. We also have a Young Parents Support Group on Tuesdays from 11 a.m. to 1 p.m. (lunch is provided). This a great place to make friends, learn, have fun and share ideas. Individualized programming can be developed to meet the needs of young parents and their children. We offer these programs in conjunction with community agencies, organization and individuals right here in Thompson. | 12046677820 | NA | <https://www.marymound.com/main/thompson/parenting/> |
| NCN - Therapy Services | Working in cooperation with the NCN Child and Family Services team in Nelson House, Thompson and Winnipeg, the therapists provide clinical counseling and assessment services for parents and their children. Where possible, the therapeutic process begins with the Circle of Care, bringing together family and other community professionals. The work conducted by the therapists is part of the NCNCFS case planning and intervention services provided to children in care. The therapists conduct psycho-social assessment for children in care and also perform parenting capacity assessments. The assessment and intervention services are strengths-focused and build on traditional beliefs, skill building and areas of communication and attachment. We identify parent and child strengths with the goal of helping the family move toward reunification and permanent stability in the home. | 12044842341 | NA | <https://www.ncnwellness.ca/programs-services/child-and-family-services/> |
| Marymound - Future | Future is a community-based program that provides extensive programming for families with young children. A Community Action Program for Children (CAPC) If you have young children or are thinking of having a child, Futures has a program for you. Everything from parenting classes to school readiness to healthy eating you will find it at Futures. We also offer the very successful program, Baby Think it Over. There is also a program for teens contemplating pregnancy. Future is committed to providing the support you need. Together with community agencies and organizations we offer an ever-growing and comprehensive program of support, education, advocacy and referral. | 12046777820 | futures@marymound.com | <https://www.marymound.com/main/thompson/community-programs/futures/> |
| Marymound - Babies Best Start | New to Marymound, Babies Best Start is a prenatal nutrition program that also offers postnatal education and support. We help mothers learn about healthy eating before and after baby is born. Canadian Pre-Natal Nutrition Program (CPNP) was designed for pregnant moms and moms with newborn infants up to the age of 12 months. Babies Best Start offers groups programs, home visits, breastfeeding support, cooking tips, vouchers for healthy foods and more. Transportation assistance and child care is available for mothers attending groups. | 12046774431 | babiesbeststart@marymound.com | <https://www.marymound.com/main/thompson/community-programs/babies-best-start/> |
| Marymound - Treatment Foster Care | Treatment Foster Care provides children and youth with a therapeutic living environment to grow, develop and experience belonging. Caregiving can be carried out by individuals, couples and families in the community. A foster parent’s role is to nurture, support and care for children and youth currently unable to reside with their natural families. Respite is an important service to you as a foster parent. You will be supported to develop a respite team that meets the needs of your family and child/youth placed in your care. Respite providers will be required to complete a Respite Application, all applicable checks (CRC, PCC and CAC), and respite training within one year of joining the treatment team. | 12046677820 | tfcpthompson@marymound.com | <https://www.marymound.com/main/thompson/foster-care/> |
| Thompson Crisis Centre - Children's Program | The children's program provides counseling to children and parents individually and in groups. Parenting classes, playgroups and family fun nights are all a part of this program. Childcare is also provided for clients when they are in counseling sessions or need to attend appointments in the community. | 12046779668 | NA | <https://www.facebook.com/thompsonmbcrisiscentre/> |