**BRANDON**

List of available *Programs* for Food assistance:

| **NAME** | **DESCRIPTION** | **PHONE** | **EMAIL** | **WEBSITE** |
| --- | --- | --- | --- | --- |
| Samaritan House - Community Garden Programs | A sustainable food source is imperative to a healthy family. Samaritan House Ministries Community Garden Network is committed to providing opportunities for people to create and sustain a healthy food source for their family. To this end, we are pleased to work with the already established Community Garden Network to provide coordination of garden plots throughout the city. The coordinator also offers weekly workshops from April to September on a variety of topics relevant to gardening on the prairies. The Samaritan House Ministries Community Garden Network is a primarily volunteer-run network of gardens throughout the city. With over 800 garden plots of various sizes, the network offers families and individuals space and assistance to create a vegetable garden for the growing season. The program is open to everyone, though annual registration is necessary. Each garden site is administered by a volunteer site coordinator. | 12047260758 | exec@samaritanhouse.net | <https://www.samaritanhouse.net/community-garden-programs> |
| BUSU - Food Bank | COVID-19 UPDATE: We have improved to better serve our community, and you can now get 24/7 access to the Food Bank! Since the BU campus is closed, we have located a Food Bank box outside the north entrance of the KDC Building. Email foodbank@busu.casee facebook for more info: https://www.facebook.com/groups/BUStudentUnion/Located on the third floor of the Knowles-Douglas Student Union Building, the BUSU Food Bank is a confidential service available to all Brandon University students. The BUSU food bank is open for hamper pick up on Fridays from 1:00pm-4:00pm (Fall/Winter Sessions) and Thursdays from 1:00pm-4:00pm during the Spring/Summer session. It is possible for students to arrange different pick-up times if they are not available during the normal time. Stop by the BUSU office or call 204-727-9660 to set up an alternate pick up time. To volunteer in the Food Bank, make a donation, or for more information, please contact the BUSU office: 204-727-9660 or foodbank@busu.ca | 12047279660 | foodbank@busu.ca | <http://www.busu.ca/food-bank> |
| Prairie Oasis - Congregate Meals | DUE TO COVID-19: Prairie Oasis senior centre will be closed till further notice - Cost is $10, call to reserve your spot. Meals include vegetables, salad, dinner roll, dessert, &amp; tea or coffee; weekly menu posted on website. | 12047276641 | manager@prairieoasis.ca | <https://www.prairieoasis.ca/this-week-s-menu> |
| Prairie Oasis - Meals on Wheels | The Meals on Wheels program offers meals at a low cost with door to door delivery. Meals on Wheels delivers hot meals, and frozen meals as requested. We accommodate special meal diets such as diabetic, low sodium, and special textures. For more information contact Marba Taylor at 204-727-6641 ext.104 or e-mail Rena.briem@prairieoasis.ca. Who is eligible - Meals on Wheels offers service for all ages. You do not need to be referred by a doctor. You can participate in the program for as long as you want, and can be discontinued at any time. You can enroll in the program yourself, or ask a friend or family member to call on your behalf. Meal types &amp; Costs Standard hot meal- $9Congregate meal- $10Cold Meals - $9. | 12047276641 | Rena.briem@prairieoasis.ca | <https://www.prairieoasis.ca/meals-on-wheels> |
| The Salvation Army Brandon - Emergency Food | Offers individuals/families a hamper of non-perishable and dry goods. This service is offered every Tuesday. Individuals/families are able to pick one up every three months. | 12047274334 | Rhonda-Smith@can.salvationarmy.org | <https://salvationarmy.ca/> |
| St. George's Anglican Church - Brandon - Samaritan House Grocery Cart | Samaritan House Grocery Cart: The first Sunday of the month is dedicated to supporting the community ministry of Samaritan House food bank. In the narthex of the Church, you will encounter an old grocery cart. It is there to collect non-perishable food items from the parishioners, and to stand as a reminder that some do not have the luxury of filling a grocery cart. That which is collected is shared with folks who stop by or is taken to Samaritan House. | 12047286542 | stgeorg8@mymts.net | <https://www.stgeorgesbrandon.com/our-ministries> |
| Brandon Seniors for Seniors Co-op - Meals | Meals Attention all Seniors! Brandon Seniors for Seniors Co-op Inc. is concerned about all seniors in our community especially when it comes to eating or not eating during these days. With that in mind we have a Meal Program called "Dinner is Served". Our kitchen is busy preparing meals consisting of: a roll/bread, salad, main course and a dessert at a cost of $10.00 per meal. All you have to do is warm it up and it is ready to eat! Place your order on a Monday (1 - 7 meals) and it will be delivered to your home by community volunteers at no charge on Friday. | 12045712050 | sfors@wcgwave.ca | <https://brandons4s.ca/Meals.html> |
| Samaritan House - Food Hamper Program | COVID-19 UPDATE: The Food Bank continues to operate Monday - Friday from 9 - 11am &amp; 1-3pm and Tues from 4 - 5:30pm. We ask that clients please send 1 person per family and observe safe physical distance while at the food bank. Drop in bread program Mon - Fri 9 am - 12 pm, 1 pm - 4 pm (bread provided daily). Manitoba's second largest food bank, distributing between 80and100food hampers per day! With a valid Manitoba Health card, a food hamper is provided once every two weeks to individuals and families. Bread, vegetables, clothing and household items are provided all week, Monday to Friday. Clients must register and will be given an appointment time to pick up a hamper. | 12047260758 | info@samaritanhouse.net | <https://www.samaritanhouse.net/resource-centre-food-bank> |
| Samaritan House Ministries - Adult Literacy Program | Adult Literacy Program: Our goal is to provide support to adult learners in reaching their education and employment goals. Classes are free of charge. In the Adult Literacy Program, a learner can complete a Certificate in Learning &amp; Literacy. Adults can work on improving their skills in reading, writing, document use, and oral communication. We also have GED test preparation and numeracy (math) skills upgrading. English Language Learner adults must have a Canadian Language Benchmark of at least 4 or 5. After registering for the program, the learner’s education goals and current academic skills are assessed. Then, together with the instructors, a personal learning plan and a class schedule are made for the learner. | 12047271268 | lit@samaritanhouse.net | <https://www.samaritanhouse.net/training-centre> |
| Samaritan House Ministries - Age is an Asset Program | Age is an Asset Program: Age is an Asset is an employment readiness program for unemployed individuals who are seeking work and are between the ages of 30 and 64. This 12-week session runs three times per year and is designed with the mature learner in mind. Through a combination of classroom activities and formal learning, plus a wide variety of visiting speakers and outside tours, students will enjoy the diversity offered in this program. The environment in this program is more relaxed and social, enabling the more mature learner to feel comfortable. Some of the skills we focus on: Computer skills refresher and upgrading Communication skills, Wellness training, Resume, cover letter, and job search training, Work experience placement, Certificate training in: First Aid, Food Safe, Service Advantage (Customer Service) For more information or to register for the next 12-week session. | 12047271268 | mindy.castle@samaritanhouse.net | <https://www.samaritanhouse.net/training-centre> |
| Samaritan House Ministries - HATS Computer Training | HATS Computer Training: The Training Centre offers one-on-one computer use assistance in a relaxed environment, learning at your own pace, following your skill level. A trained computer instructor is there to help you along your way with tasks such as basic computer use, typing skills, internet use, and using email. It is a great place to work on your resume, search for jobs, and apply online. The goal is to increase your personal comfort with computers and give you a working knowledge of their many uses. This program focuses on Microsoft Office programs (Word, Excel, Powerpoint, etc).HATS Computer Training Hours of Operation Classes Monday to Thursday3:00 pm to 6:00 pm7:00 pm to 9:30 pm. Phone: 204-727-1268Email: trevor.southall@samaritanhouse.net | 12047271268 | trevor.southall@samaritanhouse.net | <https://www.samaritanhouse.net/training-centre> |
| WRC - Drop-In Services | Drop-In Services include: Breakfast Program (Until 12:00 pm) Computer Access - Including all Word programs, Internet Access, Email, EBrandon, Facebook (30 mins per day, per person), etc. Printing, Copying, and Faxing (Â¢10 per page, ¢25 per page international). Free Local Calling, Access to Rental Listings, Wellness Colouring, Information and Referral Services: The Women’s Resource Centre carries 300+ different brochures promoting various topics including: addiction, parenting, health organizations, sexual health, mental health, counseling/support, domestic violence, other local services. Information on services provided by the Government of Canada and Province of Manitoba are also available. | 12047268632 | NA | <https://thewomenscentrebrandon.com/programs/drop-in-services/> |