**BRANDON**

List of available *Programs* for Addicts:

| **NAME** | **DESCRIPTION** | **PHONE** | **EMAIL** | **WEBSITE** |
| --- | --- | --- | --- | --- |
| WYFC - Common Spaces | Common Spaces believes that recovery from addiction is possible for every young person age 18-29. Our goal is to provide secure, safe and substance free housing, and to foster community that supports recovery for young people. Common Spaces provides one-bedroom apartments for young people in recovery. Located in Brandon’s core, Common Spaces is close to local support agencies, stores, and public transit. Common Spaces participants work with support staff, local addiction peer support groups and local professionals to sustain their recovery journeys. Our focus on community, support, life skills and accountability could be the right fit for you in your recovery journey. | 12047271251 | brandon@wyfc.ca | <https://yfc.ca/westman/program/common-spaces/> |
| CHHA - Withdrawal Support Services | Provide support to a maximum of six individuals who are in active state of withdrawal from alcohol or drugs and his condition can be safely managed in a non-medical detox setting. | 12047274557 | stephanie.chha@gmail.com | NA |
| Adult & Teen Challenge Brandon - Family/Loved Ones Support Programs | Adult &amp; Teen Challenge is a Christian organization that offers support for those who have a loved one struggling, it may be the place for you. We teach biblical principles as a solution to life-controlling issues. The Family/Loved ones support programs are often the first step in your loved one receiving help. People benefit immensely by getting help themselves, as they generally don’t have training on how to help their loved one who’s struggling with addiction. These weekly small group studies provide important training on topics such as boundaries, codependency, enabling, &amp; healthy communication.  | 18888229992 | brandon@teenchallenge.tc | <https://teenchallenge.tc/services/family-support> |
| Adult and Teen Challenge - Brandon - Women's Centre | Our 20 bed facility has room for 16 students as well as 4 graduates who are enrolled in either our SURGE leadership training program or our Successful Living program. Our staff walk side by side with our students through the various aspects of the program including our group study classes where they learn to deal with things such as anger, temptation, and submission to authority; personal studies where they work on things like self-image and healthy relationships; as well as work therapy at our Adult &amp; Teen Challenge Super Thrift store in Brandon. We are currently renovating a building on our property to allow us to have graduate mothers with their children on site to provide a secure place for those first steps together. Our passion is to create a loving family atmosphere for all who cross our threshold and allow the love of Christ to forever change their lives. We are thankful for the transformation that happens here. | 12049499484 | tara@teenchallenge.tc | <https://teenchallenge.tc/locations/brandon-mb/> |
| Gamblers Anonymous - Westman/Brandon G.A. | Westman/Brandon G.A. Wednesday &amp; Sunday: 7:30 PM Central United Church327-8th Street, rear entrance Brandon, Manitoba | 12045713685 | NA | <https://www.gamblersanonymous.org/ga/addresses> |
| Alcoholics Anonymous in Manitoba - Brandon - Wheat City Group | IMPORTANT: Wheat City Group meetings have an attendance limit of 14 members, and masks must be worn. This meeting is closed; only those who have a desire to stop drinking may attend. | 12049420126 | aambco@mts.net | <https://aamanitoba.org/meetings?tsml-day=any&tsml-region=brandon> |
| Alcoholics Anonymous in Manitoba - Brandon - Westman Women's | IMPORTANT: Attendance limited to 15 people, sanitizer available, social distancing protocols in place, please bring your own beverages. Masks required.INFO: Online and in-person meetings available. Please read meeting listings carefully. ONLINE meetings are conducted using Zoom. IN-PERSON meeting attendance limited to 15 people, sanitizer available, social distancing protocols in place, please bring your own beverages. Masks required. | 12049420126 | sobercity@gmail.com | <https://aamanitoba.org/meetings?tsml-day=any&tsml-region=brandon> |
| Alcoholics Anonymous in Manitoba - Brandon - Unity Group | IMPORTANT: ONLINE MEETING ONLY! In-person meetings are suspended until further notice. This meeting is closed; only those who have a desire to stop drinking may attend. IMPORTANT: Online Zoom Meeting Only! Please email address below for meeting link and/or information.  | 12049420126 | unitygroupbrandon@gmail.com | <https://aamanitoba.org/meetings?tsml-day=any&tsml-region=brandon> |
| Alcoholics Anonymous in Manitoba - Brandon - Crocus Group | This meeting is open and anyone may attend. Attendance limited to 15 members per meeting due to Corona virus / COVID 19. Social distancing protocols in place. Hand sanitizer available. Please bring your own beverages. Masks Required. | 12049420126 | aambco@mts.net | <https://aamanitoba.org/meetings?tsml-day=any&tsml-region=brandon> |
| Alcoholics Anonymous in Manitoba - Brandon - Westman Intergroup WCZoom Group | This meeting is closed; only those who have a desire to stop drinking may attend. IMPORTANT: This is an ONLINE MEETING using Zoom. Please email address below for password and meeting Email: soberwc@gmail.com | 12049420126 | soberwc@gmail.com | <https://aamanitoba.org/meetings?tsml-day=any&tsml-region=brandon> |
| Alcoholics Anonymous in Manitoba - Brandon - Winners Circle Group | This meeting is closed; only those who have a desire to stop drinking may attend. Located at the John Howard. People attending the meeting will need to have and wear their own mask. The first Wednesday of the month is a tradition meeting and the last Wednesday is usually b day night. Both the front and back door are accessible. We are no longer doing Zoom meetings. Our capacity is 15. | 12049420126 | aambco@mts.net | <https://aamanitoba.org/meetings?tsml-day=any&tsml-region=brandon> |
| Alcoholics Anonymous in Manitoba - Brandon - Outlook Group | Brandon Correctional Institutions: Thursday, 8:30 pm Clearance required | 12049420126 | aambco@mts.net | <https://aamanitoba.org/meetings?tsml-day=any&tsml-region=brandon> |
| Al-Anon Family Group - Brandon | Al-Anon members are people, just like you, who are worried about someone with a drinking problem. Our personal situations may be different, but we share as equals because of what we have in common: our lives have been affected by another person's drinking. Al-Anon is a mutual support group. | 18884252666 | wso@al-anon.ca | <https://al-anon.org/> |
| Al-Anon Family Group - Brandon - Hope AFG | Al-Anon members are people, just like you, who are worried about someone with a drinking problem. Our personal situations may be different, but we share as equals because of what we have in common: our lives have been affected by another person's drinking. Al-Anon is a mutual support group. | 18884252666 | wso@al-anon.ca | <https://al-anon.org/> |
| Al-Anon Family Group - Wheat City AFG | Al-Anon members are people, just like you, who are worried about someone with a drinking problem. Our personal situations may be different, but we share as equals because of what we have in common: our lives have been affected by another person's drinking. Al-Anon is a mutual support group. | 18884252666 | wso@al-anon.ca | <https://al-anon.org/> |
| Super Thrift Brandon - Residential Program | Residential Program: Whether you are struggling with a life-controlling addiction, or know someone who is, you don’t have to face it alone. Our 12-month residential programs for men and women 18+ can help you find freedom from your addictions. Individual &amp; group mentoring, spiritual disciplines, Global Teen Challenge curriculum, work therapy, community service and recreational activities make our program well-rounded and unique. Our model for recovery is based on biblical principles, accountability and support. | 12045785540 | brandon@teenchallenge.tc | <https://www.superthriftbrandon.com/> |
| Adult & Teen Challenge Super Thrift Brandon | Our vision is to put Hope Within Reach for our communities; to see all people freed from life-controlling issues through the power of Jesus Christ! | 12045785540 | brandon@teenchallenge.tc | <https://teenchallenge.tc/?fbclid=IwAR2APdHluc7qMRBCBB5dyS7ksIdVpbTUG17i88joDchCpR0irfCZqC4YYsk> |
| MBIA Brandon - PARTY Program | The PARTY (Prevent Alcohol and Risk-related Trauma in Youth) is dynamic interactive injury prevention, health promotion program for teenagers PARTY was developed in 1986 at Sunnybrook and Women's College Health Centre in Toronto, Ontario, through the request from teenagers. In Canada, the incidence of trauma injury and death occurs in the 16-24 year age group. PARTY was created to educate teens about the perils of risk in behavior and the tragic consequences that can occur. This program is a vital component of the growing effort to reduce death and injury in alcohol and risk-related incidents. | 18663271998 | info@mbia.ca | <https://www.mbia.ca/how-we-help/prevention/p-a-r-t-y-program/> |
| 7th Street - Addictions Services (AFM) | COVID-19 UPDATE: Whenever possible, appointments are being completed over the phone or by videoconference. In-person appointments will be subject to COVID19 screening and safety precautions. In partnership with Prairie Mountain Health, AFM provides help and support for adults and their families who are dealing with an addiction to alcohol, drugs and/or gambling. One-on-one or group sessions are offered. | 12045784800 | NA | <https://www.prairiemountainhealth.ca/7th-street-health-access-centre> |
| 7th Street - Rapid Access to Addictions Medicine (RAAM) | Clinics for adults (ages 18+) looking to get help with high-risk substance use and addiction. This includes people who want to try medical assistance to reduce or stop their substance use.  | 12045784800 | NA | <https://www.prairiemountainhealth.ca/raam> |
| AFM Brandon - Manitoba Opioid Support & Treatment (MOST) | COVID-19 UPDATE: still open to participants. Access to walk-in RAAM clinic for advice, medication, counseling and support. The Manitoba Opioid Support and Treatment (MOST) Program supports individuals who are dependent on opioids by prescribing medication that reduces the symptoms of withdrawal as well as providing counseling and other supports. AFM offers this program in Winnipeg and Brandon. Components of the program include: Counseling and support, Health education and promotion, Disease prevention education, including a needle exchange, Assisting clients to link with other community based supports and services. | 12047293838 | most@afm.mb.ca | <https://afm.mb.ca/programs-and-services/most/> |
| Brandon - Rapid Access to Addictions Medicine (RAAM) - 7th Street Health Access Centre | RAAM clinics are walk-in clinics for adults (ages 18+) looking to get help with high-risk substance use and addiction. This includes people who want to try medical assistance to reduce or stop their substance use. They may experience frequent intoxication or overdose symptoms, as well as unpleasant withdrawal symptoms when attempting to reduce or stop their substance use. RAAM clinics are also for people who may have substance-related health issues, such as hepatitis, pancreatitis and infections. No referral is needed. RAAM clinics are not for people needing urgent medical attention for serious physical problems or mental health symptoms such as psychosis (paranoia, delusions, hallucinations), agitation; who are at active risk of harm to self or others, or who require police/security involvement. You don’t need an appointment, just show up during clinic hours. If you have a Manitoba Health card or Manitoba Health number, please bring this along. | 12045784800 | NA | <https://afm.mb.ca/programs-and-services/raam/> |